

Indicators for Occupational Therapy

Kindergarten through Second Grade:

- **Fine and Visual Motor Skills**
 - Difficulty drawing, printing uppercase, lowercase letters and numbers.
 - Difficulty using school tools, such as holding a marker and using scissors.
 - Difficulty identifying basic to more complex shapes regardless of orientation or size and modeling shapes by building shapes from components (i.e., clay, sticks, drawing)

- **Gross Motor Skills**
 - Difficulty demonstrating locomotion skills such as walking, running, jumping, galloping, skipping, and hopping.
 - Difficulty demonstrating non-locomotor skills such as balancing using a variety of body parts.
 - Difficulty with manipulative skills, such as throwing, catching, kicking, dribbling, and rolling a ball.

- **Self Help**
 - Difficulty managing daily school routines, such as arrival, dismissal, and bathroom routines (including clothing management).

Third through Sixth Grade:

- **Fine and Visual Motor Skills**
 - Difficulty with handwriting legibility and use of school tools.
 - Difficulty with keyboarding skills used to produce written work.

- **Gross Motor Skills**
 - Difficulty combining locomotor and non-locomotor skills into more complex movement patterns (i.e., jump roping, gymnastics, dance)
 - Difficulty with more complex manipulative skills with ball (i.e., throwing with less or more force with smaller or larger object at a target)

- **Executive Functioning Skills and Adaptive Skills**
 - Difficulty with time management, planning, task initiation, organization, problem solving, flexibility, and working memory related to school activities (i.e., use of daily planner, organization of homework)

Social and Emotional Skills Grades K-6

Difficulty in the following areas:

- Self-Awareness (identifying and expressing emotions)
- Self-Management (regulating emotions and behaviors)
- Social Awareness (perspective taking, empathy and social cues)
- Relationship Skills (interacting verbally/nonverbally and developing and maintaining relationships)
- Decision-Making (problem solving)